## **ADULT & COMMUNITY EDUCATION PROGRAMME**

September 2024





**COMMUNITY SCHOOL** STREAMVILLE ROAD, DUBLIN 13 D13 YN 77

€P

Accepting online registration and card payments with Easy Payments Plus through our website www.donahiesadulted.ie or by phone on (01) 8482217

### **CASH PAYMENTS BY ARRANGEMENT**

E-mail: donahiesadulted@gmail.com Telephone: 01-848 22 17

Join us on Facebook & Instagram: 

Donahies CS Adult Education

Bus routes serving our school: 27, 27A, 29A, H1 and N6. **DART to Raheny or Howth Junction** 

Suggestions for new classes and new tutors are always welcome or contact us if you wish to enquire about using our facilities – groups/organisations/societies/choirs All Welcome.

PLEASE NOTE THAT ALL DATES ARE SUBJECT TO CHANGE PLEASE READ TERMS & CONDITIONS BEFORE BOOKING PLEASE NOTE -MINIMUM AGE FOR ADULT EDUCATION COURSES IS 16 YEARS

#### WORKSHOPS

CODE COURSE TIME FEE

### SW1 \_\_\_ JEWELLERY MAKING (Beading) 23/11/'24

JEWELLERY MAKING (Beading) Sat. 23<sup>rd</sup> Nov. 10.00am -2.00pm €50

Create 3 unique Christmas presents by creating 3 pieces of jewellery. All materials and use of equipment included in course fee.

**Tutor: Lorna Gaffney White** 

### SW2 CHRISTMAS CUPCAKES - Bake & Decorate! 23/11/'24

CHRISTMAS CUPCALES – Bake & Decorate! Sat. 23<sup>rd</sup> Nov. 10.00am -1.00pm €45 We will bake cupcakes and make buttercream in class. Participants will be required to bring the ingredients for cupcakes & buttercream - ingredients and recipes will be emailed in advance. All the materials for decorating (cases, cutters, piping equipment, sugar paste, food colours and cupcakes boxes) will be provided.

**Tutor: Valentina Rossi** 

### SW3 K INTERIOR DESIGN 16/11/'24 & 23/11/'24

INTERIOR DESIGN (6 Hours) Sat.  $16^{th}$  &  $23^{rd}$  Nov. 10.00am -1.00pm  $\,\epsilon 45$  Introduction to Interior Design covering colour schemes, wall coverings, floor coverings, kitchen & bathroom layouts & tips on the latest trends.

**Tutor: Brenda Lawlor** 

# QQI LEVEL 5 & 6 MINOR AWARDS IN CONJUNCTION WITH PROGRESSIVE COLLEGE

CODE COURSE TIME FEE

Class commencing Tuesday 1st October 2024

#### **CPE1 SPECIAL NEEDS ASSISTING LEVEL 5 (5N1786)**

7.00 -9.30 €325

For course information please visit: - www.progressivecollege.ie

info@progressivecollege.ie

(01) 4884300

To book please contact Donahies Adult Ed.

12-week course, Tuesday evenings. Minimum age is 17 Years for QQI Courses.

## Class commencing Wednesday 2<sup>nd</sup> October 2024

### CPE2 SPECIAL NEEDS ASSISTING LEVEL 6 (6N1957)

**7.00 -9.30 €325** 

For course information please contact: - www.progressivecollege.ie

info@progressivecollege.ie

(01) 4884300

To book please contact Donahies Adult Ed.

10-week course, Wednesday evenings. Minimum age is 17 Years for QQI Courses.

It is advised Special Needs Assisting Level 5/equivalent is completed before undertaking the Level 6 Course.

### EVENING CLASSES – MONDAY

## Classes commencing Monday 23<sup>rd</sup> September 2024

#### **M1 BRIDGE INTRODUCTION**

CODE

7.15-9.15

FEE

€60

€70

Think you might like to learn Bridge? An introductory course to Bridge in a friendly, relaxed atmosphere. Possibility of a continuation course to follow this 5-week taster course.

5 week course

Paul Doyle C.B.A.I.

#### M2**MS EXCEL - BEGINNERS**

7.00-9.00

Learn to use MS Excel spreadsheets - format, organize & calculate data in a spreadsheet in a relaxed environment. Suitable for beginners. If also booking MS WORD, please book combined WORD & EXCEL option for €15 reduction under Monday evening classes. If you have MS Excel/Office 365 on your laptop, please bring your laptop along to class!

5 week course

John White

#### **M3** MS Word, File Management & Excel

7.00-9.00 €125

20-hour MS WORD, FILE MANAGEMENT & EXCEL course starts Mon. 23rd Sep. '24. Suitable for beginners. Course runs Mondays (Excel) from Monday 23rd September & Wednesdays (Word & File Management) from Wednesday, 25th September.

If you have MS Excel/Office 365 on your laptop, please bring your laptop along to class! Relaxed, friendly atmosphere. (Save €15 by booking both modules together –

BOOK THIS COMBINED COURSE UNDER MONDAY EVENING CLASSES)

20 hour course

Eleanor Byrne & John White

## Classes commencing Monday 30<sup>th</sup> September 2024

#### **M4** YOGA FLOW & RESTORE - IMPROVERS

6.15-7.30 €85

Are you stuck in your yoga poses and would like to move on? Challenges help us to get out of our comfort zone, and with repetition, each week you will get past the familiar and ease yourself with poise and grace into new poses that serve your mind and body. What are you waiting for, you are not alone!

This class combines Hatha & Vinyasa Flowing Asana's (movements) to include breathwork, mindfulness, as well as deep rest, release and letting go. Movement is quick yet paced with breath and modified to suit, with sweet stretches, breathing and relaxation. Mat & blanket required.

10 week course

Sharon Denver

### Classes commencing Monday 7th October 2024

#### **M5** YOGA FOR BEGINNERS

7.45-9.00

Yoga teaches us to reconnect with ourselves and the world around us. My class is a peaceful space to help you unwind in body and mind. My focus is Hatha Yoga with a gentle flow, and I use a combination of yoga poses, breathing techniques and relaxation. Students of all ages and fitness levels are welcome to join. Please bring your own mat and blanket. All other yoga props supplied.

8 week course

Lynda Forrester

## Classes commencing Monday 4th November 2024

#### **M6** MS EXCEL INTERMEDIATE/ADVANCED

€85

This 6 week course is specifically designed for those who want to improve their use of spreadsheet applications. Topics covered include how to input data, autofill, process data, create graphs and charts. Course will progress to include advanced features of excel "if" functions and nested "if" "and" "not" functions, Sumif and Countif for Selective adding and counting. Work with time and dates, text functions, performing look ups, pivot tables, using the slicer tool and to create pivot charts

If you have your MS Excel/Office 365 on your laptop, please bring your laptop along to class!

6 week course

John White

### EVENING CLASSES – TUESDAY

## Classes commencing Tuesday 24th September 2024

#### **T1** POTTERY (Hand Building) – Improver

CODE

7.00-9.30

FEE

€145\*

This class is suitable for those who have taken our beginners course or who have previous experience working with clay. Students will use prior knowledge and new techniques to create a body of work in both 2D and 3D. Different kinds of clay will be available for each project, specifically selected for each process. This course is **not suitable for beginners**.

\*TOOLS REQUIRED. If you do not have your own set of tools, TOOL KIT will need to be purchased directly from tutor during the first class at cost of €30.

8 week course

Naomi Boylan

#### **T2** SEWING FOR ALL SKILL LEVELS

7.15-9.45

**€120** 

A fun, creative and practical course suitable for all skill levels. Learn the basics or improve your existing skills for dress-making, soft furnishings, curtains, festive decorations, handbag making, gifts and crafts. Materials not included

8 week course

Mary Coonan

See Wednesday afternoon/evening, Thursday, Friday evening & Saturday morning/afternoon.

#### **T3** SPANISH – Beginner Continuation Level 2

€110

If you would like to brush up on your Spanish, improve your basic knowledge and learn more about Spanish culture, with a native speaker, this is the course for you! Come and join us for a fun night of learning. Suitable for those who have completed 2 terms of beginner Spanish/equivalent.

10 week course

Jesús Alonso Cortina

#### **T4 YOGA (ALL LEVELS)**

6.30-7.45

€85

**T5 YOGA (ALL LEVELS)**  7.45-9.00 €85

What would it be like to trust and empower yourself through a kindness based yoga practice? A class focusing on regulating the nervous system through somatic movement. Become aware, awake and alive through conscious experience of the body.... feeling at home in your own skin by sensing the body from the inside out. No yoga experience required. Remember, if you can breathe, you can do yoga. Suitable for all levels.

Please bring your own mat and blanket. All other yoga props supplied.

10 week course

Karen Kelly

## Classes commencing Tuesday 1st October 2024

#### **T6** IRISH SIGN LANGUAGE (ISL – In Person)

Why not learn Irish Sign Language, Ireland's 3<sup>rd</sup> official language? This course is designed to enable you to communicate using Irish Sign Language and also to learn about the deaf community and deaf culture. These fun classes are taught by a deaf tutor who will use ISL throughout and you will learn and pick up ISL in a natural environment. (outline of course content available on our website www.donahiesadulted.ie)

8 week course

Kevin Mulqueen

#### SOAP, CANDLE & BALM MAKING

7.00-9.00

**€120** 

In this 6-week course, students can look forward to making approximately soaps, travel candles and body balms. Fun and easy to make with no specialist equipment needed, as well as being completely natural, with no additives or synthetic chemicals. All the ingredients are vegan friendly and not tested on animals. We will also start to develop your own scent bank with ethically sourced essential oils while also using foraged ingredients. Materials included in course fee, although students will be invited to add their own foraged ingredients.

6 week course

## Classes commencing Tuesday 8th October 2024

T8 QI GONG 7.30-8.45 €65

NEW

**CODE** 

Qi gong is an ancient Chinese practice which helps to develop and balance the life energy (qi). It consists of synchronised movement, breathing and meditation and is designed to enhance health, balance emotions, and calm the mind. Practiced regularly, it makes joints more supple, strengthens the muscles and improves balance and coordination. In this introductory course, you will also learn some gentle warm up exercises, a breathing technique to enhance energy flow & a standing meditation.

Loose comfortable clothing and flat shoes/runners advised.

6 week course

Brian Lynch

T9 TYPING/KEYBOARD SKILLS

7.00-9.00

€85

This course is suitable for beginners and also for those wishing to improve their touch typing skills, including speed development.

6 week course

Eleanor Byrne

EVENING CLASSES – WEDNESDAY

COURSE

TIME

FEE

Classes commencing Wednesday 25th September 2024

W1 MS Word & File Management

**7.00-9.00 €70** 

Learn how to use MS Word, word processor, format and edit files & documents, create folders & organise files. Suitable for beginners. If also booking MS EXCEL, please book combined WORD & EXCEL option for €15 reduction. Relaxed, friendly atmosphere.

5 week course

Eleanor Byrne

W2 MS Word, File Management & Excel

**7.00-9.00 €125** 

20 hour MS WORD, FILE MANAGEMENT & EXCEL course starts Mon. 29<sup>th</sup> Jan. 24. Suitable for beginners. Course runs Mondays (Excel) from Monday 23<sup>rd</sup> September & Wednesdays (Word & File Management) from Wednesday, 25<sup>th</sup> September. If you have MS Excel/Office 365 on your laptop, please bring your laptop along to class! Relaxed, friendly atmosphere. (Save €15 by booking both modules together −

BOOK THIS COMBINED COURSE UNDER MONDAY EVENING CLASSES)

20 hours

Eleanor Byrne & John White

#### **PILATES**

Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. The courses are a part of a systematic, progressive programme on the mat designed to stimulate and challenge the body at a pace suited to each individual. *Mat, towel & bottle of water required for Pilates classes*.

W3 PILATES – Level 1

6.30-7.20

€75

This course is aimed to introduce the fundamental connects of Pilates and its benefits on the body and health systems to new students, those returning to Pilates and recovering from injury.

10 week course

Rachel Ensor

W4 PILATES – Level 3

This course is a more advanced level for students, who have a good fitness level and have been practicing Pilates for a number of terms. 7.20-8.10 €75

10 week course

Rachel Ensor

W5 PILATES – Level 2

8.10-9.00

€75

This course looks to develop and challenge the students' knowledge of the Pilates concept with more awareness placed on the precision, execution and co-ordination of movements at a faster pace

10 week course

Rachel Ensor

W6 POTTERY (Hand Building) –Beginner/Improver

4.00- 6.30

€145\*

**&** 7.00- 9.30 €145\*

In this *8 week* course students will learn a number of hand building and decorating techniques to create their own unique creative and functional works. Students can design and create vases, tiles, wall pieces, bowls, small sculptures in a relaxed environment.

\*TOOLS REQUIRED. If you do not have your own set of tools, TOOL KIT will need to be purchased directly from tutor during the first class at cost of €30.

Please note thre may be a "Drying week" during this course, no classes during drying week

8 week course

Naomi Boylan

#### W7 SEWING FOR ALL SKILL LEVELS

**7.15-9.45** €120

A fun, creative and practical course suitable for all skill levels. Learn the basics or improve your existing skills for dress-making, soft furnishings, curtains, festive decorations, handbag making, gifts and crafts. Materials not included.

8 week course

Mary Coonan

#### W8 SPANISH -Beginner

**7.15-9.15** €110

Looking to explore Spanish language and culture? Like to learn to communicate in basic Spanish? This is the course for you! Embark on our journey of discovery and fun with a *native* Spanish speaker at the helm!

10 week course

Clara Díaz Suárez

### W9 SPANISH – Beginner Continuation Level 1

**7.15-9.15** €110

Looking to further explore Spanish language and culture? Like to learn to communicate in basic Spanish? This is the course for you! Embark on our journey of discovery with a *native* Spanish speaker at the helm! Suitable for those who have completed 10 week beginner Spanish course/equivalent.

10 week course

Jesús Alonso Cortina

#### W10 SPANISH -Improver

**7.15-9.15** €110

If you would like to brush up on your Spanish, improve your basic knowledge and learn more about Spanish culture, with a native speaker, this is the course for you! Come and join us for a fun night of learning. Suitable for those who can use the present tense, have completed 2 year/equivalent in Spanish classes and have some knowledge of the past tense.

10 week course

Maria Villar Posada

### W11 STAINED GLASS – Beginner/Improver

**7.00-9.00** €110

Learn stained glass method & glass fusing to create light catchers, terrariums, light-shades. Learn the skill of patterns, glass selection, cutting, foiling and soldering. Students will complete at least one colourful stained glass piece. Improvers should bring along project to work on. Materials not included. Equipment & materials are provided for beginners for class 1 & 2, students are advised on tools & materials to purchase for following classes.

10 week course

Aideen Kilbride

## Class commencing Wednesday 2nd October 2024

#### W12 CROCHET- BEGINNER

6.15-7.45 €90

Learn the beautiful handcraft of crochet in a relaxed & friendly environment. Create a square in a different stitch for the first 4 weeks. Weeks 5 -8 will see you joining your squares, adding a border & tassels to complete your first project, a small blanket. We will also crochet pumpkins to celebrate Hallowe'en! By joining our class, you will quickly learn the basic stitches, how to read patterns and diagrams and be ready to take on your next project! 2 crochet hooks - 4mm & 4.5mm and 100g ball of double-knit wool required for first class

10 week course

Mary Crowley

#### W13 CROCHET - IMPROVER

8.00-9.30 €90

This course is suitable for students with knowledge of the basic crochet stitches & would like to improve their skills. In a relaxed environment you will learn how to crochet a naming/christening blanket, using new stitches, how to join using different techniques & finishing off. You will also learn how to read diagrams (if you can't already). Alternatively students are welcome to bring along their own project to work on. Materials are not included, please remember to bring along patterns, wool, hooks, darning needles, scissors, stitch markers etc that you may require for the class. Christening/naming blanket pattern can be obtained from tutor, we will contact improver students before class begins.

10 week course

Mary Crowley

#### W14 CREATIVE WRITING

7.00-9.00

€90



A practical workshop based programme designed to help people approach creative writing in a way that they can feel confident unlocking their own personal stories and getting them down on the page. This process uses a combination of carefully guided steps and peer to peer motivation, all within a fun and encouraging atmosphere.

8 week course

Enda McDonagh

#### W15 KNITTING – Beginner

6.15-7.45

€80

In this cosy class, you will learn the basics of knitting through weekly, hands-on demonstrations followed by an on-going, in-class support provided, knitwear project towards the latter part of the term. Suitable for complete beginners, or those who may need a refresher to knitting, we will be covering: Cast-On, Knit, Purl, Knit and Purl in the Same Row, Cast-Off, How to Find and Read Knitting Patterns, Tension Gauging, Swatching, Blocking.

#### **CLASS LIMITED TO 8 STUDENTS**

#### Requirements:-

- -250g of Aran Weight Yarn
- -5mm Knitting Needles

Kit available from tutor for 30 EUR, the yarn will be 100% wool from Ireland's only native breed, The Galway. The requirement list for this class includes requirements for the final project.

#### PLEASE LET US KNOW IN ADVANCE OF COURSE IF YOU REQUIRE KIT

8 week course

Ryan Koenig

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#### W16 ARAN KNITTING – Intermediate / Advanced Knitters

8.00-9.30

€80

In this cosy class, you will begin to learn the techniques of crafting traditional Aran knitwear through weekly, hands-on stitch pattern demonstrations followed by an on-going, in-class support provided, aran knitwear project towards the latter part of the term. Suitable for intermediate and advanced skill levels, this experience is a fantastic introduction to both advanced cable knitting techniques & traditional Aran knitwear design.

Aran cable knitting originated off the west coast of Ireland within the boundaries of its namesake home, the Aran Islands – a neat group of Gaeltacht isles nestled in the cold, restless waters of the Atlantic; their history long, rich & holding tight to an Irish-speaking status to this day. It is here that the 'Aran Jumper' hails from, this notable knitwear incorporating the very techniques this course will pass on to you.

Aran hand-knitting has unfortunately fared less well in this modern world, seeing a decline that demands attention. In the spirit of preserving and promoting a niche piece of Irish heritage, this experience aims to share this long-standing hand-knitting technique.

#### **CLASS LIMITED TO 10 STUDENTS**

Skill Level Prerequisites: Intermediate/Advanced Level

Participants must be able to confidently do all of the following: Cast-On, Knit, Purl, Knit and Purl in the Same Row, Cast-Off.

#### **Requirements:-**

- -100g of Aran Weight Yarn, preferably wool.
- -5mm Knitting Needles

Students should bring these requirements on the first evening. Tutor will discuss with students how to source the Wool Yarn and any additional knitting needles for their individual projects. Alternatively students can purchase materials directly from tutor.

The requirement list for this class **does not** include requirements for the final project.

8 week course

Ryan Koenig

#### W17 LATINA DANCE (ZUMBA STYLE)

7.30-8.30

€65

Hi everyone! Latina Dance is my new energetic dance and fitness class to the sounds of my native rhythmic Latin beats. In Colombia, we believe dancing is the body's way of smiling, and my aim for every class is that you shake, sweat and leave with a smile! Similar to Zumba, which has its origins in Colombia, Latina Dance incorporates reggaeton, salsa, hip-hop, samba, merengue and cumbia. If you are interested, please give my class a try!

8 week course

Susanna Minihan

#### W18 PHOTOGRAPHY - Level 1

7.30-9.30

€90

8 week introductory course to help get the most from your camera, learn about all the camera modes and settings. Topics covered will include Aperture-Depth of Field, Shutter speed and ISO settings, Portrait and Landscape

photography. This course is ideal to those looking to get started with their camera. The course will be delivered in a relaxed non-technical manner and will include a photo-shoot in the local area.

8 week course

John White

## Class commencing Wednesday 6<sup>th</sup> November 2024

### W19 OIL PAINTING/SOFT PASTELS

7.30-9.30

€45

Course accommodates beginner/improver/advanced. It includes mixed media of soft and hard pastel, charcoal, acrylic, water and oil paints. Explore your own project.

4 week course

Joni Croughan

CODE COURSE TIME FEE

Class commencing Thursday 26th September 2024

TH1 BASKETBALL FOR WOMEN (Experienced & Improver player)

8.15-9.15

€55

An enjoyable, fun class for those who are familiar with the rules of basketball and have good fitness level.

8 week course

Róisín Shanahan

TH2 FLOWER ARRANGING

7.00-9.00

€110

Make Spring & Easter arrangements for your home — candle pot, table arrangements on the agenda finishing with an Easter wreath. Relaxed, friendly atmosphere. Flowers not included in course fee. Students will be given a list of requirements in advance of each class. Oases can be purchased at cost price from tutor.

10 week course

Maria Carey

TH1 POTTERY (Hand Building) –Beginner/Improver

7.00-9.30

€145\*

In this *8 week* course students will learn a number of hand building and decorating techniques to create their own unique creative and functional works. Students can design and create vases, tiles, wall pieces, bowls, small sculptures in a relaxed environment.

\*TOOLS REQUIRED. If you do not have your own set of tools, TOOL KIT will need to be purchased directly from tutor during the first class at cost of €30.

Please note thre may be a "Drying week" during this course, no classes during drying week

8 week course

Naomi Boylan

TH2 SEWING FOR ALL SKILL LEVELS

7.15-9.45

**€120** 

A fun, creative and practical course suitable for all skill levels. Learn the basics or improve your existing skills for dress-making, soft furnishings, curtains, festive decorations, handbag making, gifts and crafts. Materials not included

8 week course

Mary Coonan

See Tuesday, Wednesday evening/afternoon, Friday evening & Saturday morning/afternoon

TH4 SPANISH Intermediate

7.15-9.15

€110

If you would like to improve your conversational Spanish, this is the course for you! You will need to be familiar with the Spanish indicative tenses and be ready to give use it! Each week we will talk about different topics and go deeper into aspects of grammar when necessary. This is a very easy-going and fun conversational class, and we will be glad to have you in it! Aquí se habla español! Nos vemos pronto.

10 week course

Maria Villar Posada

### Class commencing Thursday 3<sup>rd</sup> October 2024

#### TH6 DOG CARE AND BASIC DOG TRAINING

6.45-8.45 €90\*\*

Thinking of getting a pup or rescuing a dog? Like to learn more about dogs? Interested in finding new ways to keep your dog active mentally and physically? Looking for tips on training and caring for your dog? John Ward, of Dublin Dog Training, who has 27 years of experience of training dogs and working with rescue dogs and Dogs Aid can help you find the answers to the questions you always wanted to ask! John will bring along guest speakers to advise on nutrition, grooming, training etc. Course participants are asked not to bring dogs along to the first class as John will need to assess needs of the dogs before they come along. After that, John will arrange in advance with students which dogs are to attend. Please do not bring along your dog until you have first spoken to John as a participant on this course.

\*\*Profits from this course will go to Dogs Aid. Reduced fee (€40) for a 2nd family member wishing to join this course. To obtain discounts, please contact 01-8482217 as reduced fees cannot be booked online.

8 week course John Ward

#### TH6 MINDFULNESS/MEDITATION

7.00-8.30 €60

This **6** week course is for those who wish to deepen spiritual awareness and learn simple relaxation techniques to practice in their journey through life.

6 week course

Dermot Kirby

## Class commencing Thursday 10th October 2024

#### TH7 FILM & TV APPRECIATION

**7.00-9.00 €70** 

NEW

CODE

An introductory exploration of classic and modern cinema with specific focus on how films have changed and developed over time, understanding different genres and how the art of visual storytelling works.

With the steady popularity of TV drama in recent years, this course now also features an additional focus on just what makes thrilling television and why it's popularity has increased so rapidly with the arrival of Streaming services such as Netflix and Amazon Prime. In-class screenings and potential cinema trips (if feasible) also act as an integral research and social component of this course.

6 week course

Enda McDonagh

### EVENING CLASSES – FRIDAY

CODE COURSE TIME FEE

Classes commencing Friday 20th September 2024

#### F1 SEWING FOR ALL SKILL LEVELS

7.15-9.45

€120

A fun, creative and practical course suitable for all skill levels. Learn the basics or improve your existing skills for dress-making, soft furnishings, curtains, festive decorations, handbag making, gifts and crafts. Materials not included

8 week course

Mary Coonan

See Tuesday, Wednesday evening/afternoon, Thursday evening & Saturday morning/afternoon

DAYTIME CLASSES

COURSE TIME FEE

### WEDNESDAY AFTERNOON

#### WED1 SEWING FOR ALL SKILL LEVELS

2.00-4:30

€120

A fun, creative and practical course suitable for all skill levels. Learn the basics or improve your existing skills for dress-making, soft furnishings, curtains, festive decorations, handbag making, gifts and crafts. Materials not included

8 week course commencing 25<sup>th</sup> September Mary Coonan See Tuesday, Wednesday evening, Thursday, Friday evening & Saturday morning/afternoon

### WED 2 POTTERY (Hand Building) –Beginner/Improver

4.00-6.30 €14



In this *8 week* course students will learn a number of hand building and decorating techniques to create their own unique creative and functional works. Students can design and create vases, tiles, wall pieces, bowls, small sculptures in a relaxed environment.

\*TOOLS REQUIRED. If you do not have your own set of tools, TOOL KIT will need to be purchased directly from tutor during the first class at cost of €30.

Please note thre may be a "Drying week" during this course, no classes during drying week 8 week course commencing Wednesday 25th September Naomi Boylan

#### WED3 TAI CHI – Continuation

2.00-3.30 €95

The gentle flowing movements of Tai Chi bring strength and flexibility to the body. With practice, Tai Chi enhances mental clarity and assists in achieving better balance and co-ordination. **This class is for students who have completed previous courses with Claire**. New students, even those with experience of Tai Chi, are advised to enrol in the Beginners class.

8 week course commencing Wednesday 2<sup>nd</sup> October 2024

### WED4 TAI CHI – Beginner

3.30-4.30 €65

Claire McGreevy

The gentle flowing movements of Tai Chi bring strength and flexibility to the body. With practice, Tai Chi enhances mental clarity and assists in achieving better balance and co-ordination.

8 week course commencing Wednesday 2<sup>nd</sup> October 2024 Claire McGreevy

#### WED5 CAKE DECORATING & SUGARCRAFT

2.00-4.00 €115

Learn a variety of cake decorating techniques in this 6-week course. Learn the correct technique of decorating a cake, make a variety of cake toppers such as teddy bears, small animals, baby items, flowers, festive and occasion cakes and much more. A relaxing, creative way to spend a Wednesday afternoon!

Materials including a dummy cake included in course fee as well as use of equipment.

7 week course commencing Wednesday 9th October 2024

Valentina Rossi

#### SATURDAY MORNING & AFTERNOON

### SAT1 POTTERY (Hand Building) – Improver

10.45-1.15 €145<sup>5</sup>

This class is suitable for those **who have taken our beginners course or who have previous experience** working with clay. Students will use prior knowledge and new techniques to create a body of work in both 2D and 3D. Different kinds of clay will be available for each project, specifically selected for each process. This course is **not suitable for beginners**.

\*TOOLS REQUIRED. If you do not have your own set of tools, TOOL KIT will need to be purchased directly from tutor during the first class at cost of €30.

8-week course, commencing 28th September

#### SAT2 POTTERY (Hand Building) –Beginner/Improver

2.00-4.30 €

In this 8 week course students will learn a number of hand building and decorating techniques to create their own unique creative and functional works. Students can design and create vases, tiles, wall pieces, bowls, small sculptures in a relaxed environment.

\*TOOLS REQUIRED. If you do not have your own set of tools, TOOL KIT will need to be purchased directly from tutor during the first class at cost of €30.

Please note thre may be a "Drying week" during this course, no classes during drying week 8-week course, commencing 28th September Naomi Boylan

## SAT3 SEWING FOR ALL SKILL LEVELS SAT4 SEWING FOR ALL SKILL LEVELS

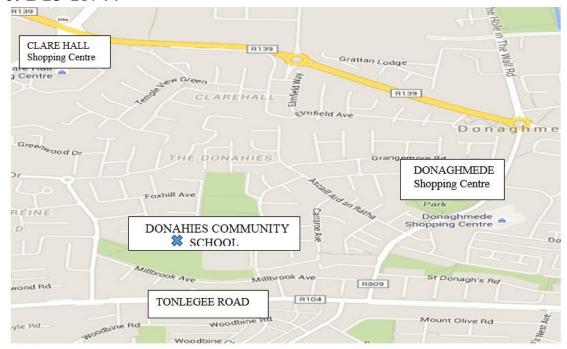
9.30-12.00 €120

1.00-3.30 €120

A fun, creative and practical course suitable for all skill levels. Learn the basics or improve your existing skills for dress-making, soft furnishings, curtains, festive decorations, handbag making, gifts and crafts. Materials not included

8 week course commencing 21<sup>st</sup> September Mary Coonan See Tuesday, Wednesday evening/afternoon, Thursday & Friday evening

### We are here: D13 YN 77



### **Terms & Conditions**

- Formation of classes will depend upon sufficient enrolments for the class. We will only contact you if your class is not formed.
- Fees, once paid, are strictly **non-refundable**, unless a class is not formed, in which case you will receive a full refund, after classes commence.
- Unless otherwise stated, course fees cover tuition and use of building only.
- Participants must be over 16 years of age.
- Class schedule/finish dates may change due to unforeseen circumstances.
- All course participants attend at their own risk. Neither the Minister for Education & Skills nor the Board of Management of the Donahies Community School and their officers accept liability for damage or injury to persons or property, while present in the school or its precincts.
- Clean runners are essential for activities in the gym.
- Smoking is prohibited by law in any part of the school building.
- Day class participants must use designated adult facilities only.
- Cars are parked at owners' risk.
- All participants are requested to respect disabled and reserved parking spaces.
- Please keep up to date on our website and our Facebook page for information regarding school closures.
- Once enrolments have been made class will commence on the advertised start date unless you hear otherwise.
- For online/blended learning classes, email addresses will be shared with tutors/in case of SNA courses College of Progressive Education.
- There is no discount for those who cannot attend all evenings of the course.
- The student on enrolment subscribes to Adult Education regulations and is bound to observe them. The Director/Assistant Director has the right to suspend persons from class and premises as deemed appropriate.
- Places in class are non-transferable unless with the permission of the Director.

\*\* LINKS WITH OUR COMMUNITY \*\*

**Donahies Residents Association** thedonahies@gmail.com

**Dublin All Stars Marching Band**Bairbre 086 2252718 Email:bairbre.sweeney@gmail.com

Holy Trinity Parish holytrinityparish.ie

Killester Basketball <a href="https://killester.com">https://killester.com</a>

Mr. Safety - Fire & First Aid Training for families <a href="www.mrsafety.ie">www.mrsafety.ie</a> / 0863088046

O'Toole's GAA <a href="https://otoolesgac.ie">https://otoolesgac.ie</a>

Tai Chi Master Ding Academy Ireland <a href="www.dublin.masterdingacademy.com">www.dublin.masterdingacademy.com</a>

Trinity Gaels GAA <u>www.trinitygaels.com</u>